



TBILISI GESTALT INSTITUTE CURRICULUM

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Year	Theory and Methodology	Number of Hours
I	Group Therapy	152
	History and roots of Gestalt therapy: <i>Philosophy; anthropology; psychoanalysis; existentialism; phenomenology; Gestalt theory; eastern philosophies; social and political influence, Paul Goodman tradition. Jewish roots of Gestalt and the tradition of anti-fascism.</i>	32
II	Group Therapy	48
	Theory of Gestalt therapy: <i>Organism/environment field; figure/ground resolution; creative adjustment; model of change; authenticity; contact-withdrawal experience; theory of self; awareness/consciousness; polarities; resistances; therapeutic process. Social and political dimension of the field and the influence on personal development.</i>	104
	Human organism and environment: <i>Theory of personality; health and sickness; child development; person in society. Interaction between diagnosis and society; threshold between health and sickness, frequency of illness in different contexts, influence of contexts making diagnosis.</i>	32
III	Techniques of Gestalt therapy: <i>Experiment; amplification; dream work etc.</i>	56
	Diagnosis: <i>Differential diagnosis; DSM IV; psychodynamic diagnosis; Gestalt diagnosis. Field embedded diagnosis, changing in diagnosis through the time. Prevalence in diagnosis in the particular period.</i>	32



	Different clinical approaches: <i>Neurosis; psychosis.</i>	24
	Fields and strategies of application: <i>Individual; couple; families</i>	24
	The Gestalt therapist in the therapeutic relationship: <i>Transference; countertransference; dialogue; contacting.</i>	24
	Group Supervision	24
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IV	Techniques of Gestalt therapy: <i>Work with body.</i>	24
	Different clinical approaches: <i>Work with trauma.</i>	32
	Group Supervision	48
	Principles and application of ethics: <i>The EAGT Code of Ethics, the Ethics committee, the Complaint procedure, The implications of ethics in personal and professional spheres. Ethical aspects of international political changes, Ethical implication of technological development, (E-learning, e-supervision, e- therapy), etc. Unethical therapies like 'converting therapy'.</i>	24
	Fields and strategies of application: <i>Work with sexuality; reproduction problems.</i>	48
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V	Group Supervision	48
	Different clinical approaches: <i>Psychosomatic; depression.</i>	56



Fields and strategies of application: 48
Work with groups; organizations; therapeutic communities etc.

Research in Gestalt: 24
Current trends in psychotherapy research in general, research methods suitable for Gestalt therapy, case studies, comparative methods, self-report methods. Including practical implementation of a small sample of research.

Professional Competences: 8
Students must know the Specific Professional Competences, described in the document of the EAGT PC &QS committee; the Human Rights and Social Rights statement of EAGT and the EAGT code of ethics. And about membership of NPO and NOGT.

Different clinical approaches: 24
Work with personality disorders.

Total Theory in Gestalt Therapy	616*
Total Group Therapy	200
Total Group Supervision	120

**Number of theoretical hours is at least 600.*

Trainers:

Trainers and supervisors of Tbilisi Gestalt Institute are accredited trainers and supervisors of EAGT:

Arthur Dombrovsky
Brigita Kaleckaite
Nikolays Scerbakovs
Jay Levin
Yauheniya Kruchkova
Laura Pavliuk
Irina Mediucha

Anastasya Shapel
Anna Matiulak
Anna Yudin
Nastassia Gonta
Daiga Auzina
Diana Geche